

宗旨及目標

中途宿舍旨在為精神復元人士提供過渡期的住宿照顧，以協助他們達到最佳的功能水平，重新融入社會。

1. 與精神復元人士過渡期支援服務緊密合作，協助服務使用者在首六個月內適應宿舍環境，幫助他們建立規律且穩定的生活模式、減輕院舍化帶來的負面影響，並提升他們應付日常生活的能力；
2. 提供支援性的環境，營造有利於個人發展和獨立生活的環境，以及增強自我管理能力，提升服務使用者自身管理健康及精神健康狀況的能力。

服務對象

- 年滿 15 歲或以上，需要在社區接受過渡期住宿照顧的精神復元人士
- 精神狀態穩定，具有就業能力及公開就業動機
- 身體健康並無傳染病、無酗酒或濫用藥物
- 具備自我照顧能力，並能與他人和睦共處
- 無嚴重犯罪記錄、無暴力行為或暴力傾向

服務範圍

中途宿舍為已接受治療一段時期的精神復元人士提供社區康復服務，以協助他們重新融入社群。

服務的提供方法

中途宿舍所提供的服務包括：

1. 住宿及膳食服務
2. 生活技能的發展與訓練，例如：
 - 自我照顧能力
 - 社交及溝通技巧
 - 社區生活技能
 - 工作習慣及 / 或學業進修
 - 家居技能
 - 小組 / 群體生活技巧
 - 善用餘暇
3. 協助重整及加強與家人的關係
4. 為獨立生活作好準備，於服務結束後協助連接至合適的康復資源及服務，(例如精神健康綜合社區中心及其他社區支援服務)
5. 朋輩支援服務
6. 院舍外展醫生服務
7. 住宿暫顧服務

名額

中途宿舍：80

住宿暫顧服務：4

申請方法

經由社工及康復服務單位的工作人員轉介至社會福利署「康復服務中央轉介系統」進行。

終止或退出服務

服務申請人或服務使用者可隨時提出終止申請或退出服務，本單位將按照機制下的程序辦理。如有需要，將會為其安排轉介。

所需費用

按社會福利署釐定之標準收費

聯絡資料

地址：新界葵涌荔枝嶺路31號明愛賽馬會荔景社會服務中心地下及1字樓(部份)

電話：3187 1294

傳真：3427 3850

電郵：lkrc@caritassws.org.hk

服務時間

24小時服務

建議的交通路線

綠色專線小巴：46M、47M、90M、91A、92M、93、93A、410

已按照<<殘疾人士院舍條例>>獲發牌照

Purposes and Objectives

Halfway House aims to provide a transitional period of residential care for persons in mental recovery to facilitate their achieving an optimal level of functioning for the purpose of community reintegration by:

- a. Working in close collaboration with Transitional Support Service for Persons in Mental Recovery to facilitate service users' admission to and adjustment in the service, particular during the initial six months, with a view to helping them establish a reasonably stable pattern of life, alleviating the effects of institutionalization and developing their capacity to cope with daily living;
- b. Providing a supportive environment conducive to personal development and independence; and enhancing their capability in managing their own general and mental health conditions.

Target Group

- Persons in mental recovery aged 15 or above, who are in need of residential care in the community for a transitional period
- Mentally stable with reasonable vocational ability and motivation for open employment
- Physically healthy and free from infectious disease, alcohol or drug addiction
- Capable of self-care, Able to get along with others; and
- No criminal records, violence behaviors or tendency of violence

Range of Services

Halfway Houses provide community rehabilitation service for persons in mental recovery after a period of medical treatment to facilitate re-integration into the community.

Methods of Service Delivery

The services provided by Halfway Houses include:

- a. Accommodation and meals
- b. Development and training of life skills such as:
 - self-care skills
 - social and communication skills
 - community living skills
 - work habits and/or pursuit of studies
 - domestic skills
 - group living skills
 - positive use of leisure time
- c. Facilitation of the re-alignment and strengthening of relationship with family members
- d. Preparation for independent living and linkage to appropriate rehabilitation resources and services, such as Integrated Community Centres for Mental Wellness (ICCMWs) and other community support services after discharge from the Service
- e. Peer Support Service
- f. visiting medical practitioner service
- g. residential respite service

Capacity

HWH: 80

Residential Respite Service: 4

Application

Referrals can be made by social workers to the Central Referral System for Rehabilitation Services of the Social Welfare Department.

Leaving the Service

Service applicants or service users may withdraw from the application or exit from the service at any time. The service unit will follow the procedures under the mechanism. Referrals would be made if necessary.

Any Costs Involved

In accordance to the fee schedule set by the Social Welfare Department.

Contact Details

Address : G/F and 1/F(Part), Caritas Jockey Club Lai King Rehabilitation Centre, 31 Lai Chi Ling Road,
Kwai Chung, New Territories
Tel : 3187 1294
Fax : 3427 3850
Email : lkrc@caritassws.org.hk

Service Hours

24-hour service

Transport Suggestions

Green minibus : 46M, 47M, 90M, 91A, 92M, 93, 93A, 410

The Hostel is licensed under the Residential Care Homes (Persons with Disabilities) Ordinance